[Information on the regional divisions of the Indian sub-continent will be found in Chapter XIII, 6: Spate AW1 India.]

631 of Travancore and the Travancore legislative assembly, with headquarters in the capital, Trivandrum. On July 1st, 1949, by order of the Central Legislative Assembly in Delhi, the two southern states were integrated as the United States of Travancore and Cochin. The Maharaja of Cochin retired from office, and the Maharaja of Travancore became for the duration of his life the first Rajpramukh of the new united state. The State now has its headquarters and government offices [5] at Trivandrum.

101 Despite these partly accidental political divi-
197 sions, the Malabar Coast is a discrete cultural area. Malayalam, (a Dravidian language strongly influenced in vocabulary by Sanskrit) which became distinguished as a deviant dialect of Tamil about the twelfth century, is the mother-tongue of all but a few immigrant Tamil groups in south Travancore. The area has also had some degree of political unity in the distant
174 past as the ancient kingdom of Kerala. The early history of Kerala is unknown. It was ruled by the Perumals, a succession of kings who seem to have come from outside Kerala and who may have been feudatories in the wider em-
175 pire of Chera. Their government came to an end sometime between the fourth and eleventh centuries A.D. After this Kerala was split into many petty kingdoms under indigenous Rajas of Nayar stock, having matrilineal descent. These continually fought each other and, from 1498, with the coming of the Portuguese and later the Dutch, English and French, made various alliances with these powers to gain their

174 those of Kolattunad, Kottayam, Kurumbranad,
131 Kadattunad, Calicut, and Walluvanad (in what is now Malabar District), Cochin (the modern Cochin State) and to the south, the various feudatory chiefdoms of the kingdom of Travancore. By 1496 when the Portuguese arrived, however, the Zamorin (king) of Calicut, who had gained power by extensive Arab trade, had temporarily conquered the Walluvanad and Cochin kingdoms and reduced their rulers to the status of vassal lords. The Portuguese, allied with the Cochin Raja, drove back the Zamorin northward our of Cochin during the 16th century. From then on, wars between the major kingdoms were incessant for the next three centuries. The English reached Malabar in 1615, the Dutch in 1639, and the French in 1725. Each European trading power allied itself with one or other kingdom and took part in successive battles until, in 1763, the northern half of the coast was temporarily overrun by Muslim armies from Mysore to the northeast. The Mysorean invasions ended in 1792 with the settlement of the whole area by the British East India Company, and the establishment of the modern British political organization.

101 [9] Today, the coast is still divisible into three major areas, distinguished by differences in the names and numbers of the castes who occupy them, by slight differences of dialect, dress and dietetic habits, and more marked differences in ritual beliefs and practices, and most markedly, by differences in the kinship systems of the several Hindu castes. The nothern area is that of the modern North Malabar District, north

101 of the Kora River, comprising the former kingdoms of Kolattiri, Kottayam, Kadattunad and part of Kurumbranad. The central area comprises the modern South Malabar District and Cochin State (the former kingdoms of Calicut, Walluvanad and Cochin), and the southern area,
174 the kingdom of Travancore. In the course of
631 fieldwork it became clear that these overall differences of custom and social structure were connected with major political boundaries in the period of native rule. Though divisible into separate small kingdoms and chiefdoms, the whole of North Malabar District was temporarily overrun by the Kolattiri Rajas in the 16th and 17th centuries. The central area at one period or another was all conquered by the Zamorins and incorporated in the Calicut empire, while the whole southern area eventually became subject to the Travancore Rajas. In each of these three major areas, a somewhat different political system operated, [10] and in accordance with this the higher castes, especially the Nayars, were differently divided into subcastes with separate administrative functions: each of these subcastes in turn had a kinship system influenced by its occupation, relationship to the land, and
601 separate historical tradition. Much confusion
114 has arisen in past discussion of Nayar kinship because of failure to differentiate between the three areas: it was assumed that the Nayars had one kinship system, whereas they in fact had three, with different terminological structures.
121 In this paper I describe the traditional and mod-
101 ern political structures and the Nayar kinship

121 system of the central area of South Malabar and
101 Cochin, with brief references to social structure and Nayar kinship in North Malabar. No account is given of Travancore, since no fieldwork was done in that area.

631 III The Traditional Political System in the Cen-
564 tral Kingdoms

(1) Caste and Territorial Divisions

Throughout Kerala, the highest Hindu caste was the Nambudiri Brahmans, ritual and scholastic leaders of the people, who today form one hundredth of the total population. Carriers of the Sanskrit language and of ancient Vedic culture, they are thought to have entered Malabar by peaceful infiltration from the eastern plateau [11] early in the Christian era and to have established themselves, by reason of their literacy and supposedly superior ritual knowledge, as religious leaders over the already established
565 population. In the traditional period, they were
631 throughout Kerala important landowners and priests, in charge of most of the temples and public rituals. They ranked ritually above the kings and were above and outside the political systems of the several kingdoms. Alone of all the castes, they moved freely unmolested between enemy kingdoms, married across the boundaries, held periodic ceremonies and feasts attended by their caste-members from all parts of Kerala, and carried on their separate system
565 of intra-caste administration independently of the
631 administration of justice within the kingdoms.
623 For the latter purpose they divided out Kerala

2:Gough E-4, 5 (1947-1949)1961 A W11 Kerala A W11
Central Kerala Nayar

Nayar: Central Kerala

The Nayars, unlike the groups so far described, form only a part-society—a named category of castes within the social system of south-west India. An account of their kinship system therefore requires a sketch of the political and economic system in which they were embedded. It seems to have been the Nayars' role as a specialized occupational group within a complex society which accounted for the most unusual features of their kinship institutions.

The Nayars differ also from the other groups considered with regard to their relatively high level of technological development. At least from the first century A.D., Kerala's social structure was based upon plough agriculture with irrigation, specialized crafts, and overseas trade (K. M. Panikkar, 1945: 36). Productivity was sufficiently high so that more than one-quarter of the population could be exempted from manual labor and set apart as specialist, literate groups engaged in religion, government, warfare, and wholesale trade. The Nayars, as the ruling and military castes, formed the core of this aristocracy and probably comprised between one-quarter and one-fifth of the total population.[1]

Partly as a result of direct legal changes brought about since the British conquest of 1792, and, more deeply, as a result of the change to an industrial fuel technology, the Nayar system of matrilineal groups has been gradually disintegrating over the past hundred years. Some of the traditional functions of these matrilineal units are being taken over by the elementary family and by the wider, personal, bilateral kindred of each individual. Other former functions of matrilineal groups have passed to such modern bureaucratic institutions as government, army, law court, and school. Because this book is a comparative study of matrilineal systems, I shall concentrate on Nayar lineages and kinship in the "traditional" period before the British

[1] Buchanan estimated the population density of Central Kerala at 100 per square mile in 1800 (1807, II: 501). The density for Cochin State was 814 per square mile in 1931 (Census of India, Cochin State, 1931).

2:Gough E-4, 5 (1947-1949)1961 A W11 Kerala A W11
Central Kerala Nayar

Pandya, appears to have grown powerful on the basis of trade with Rome. Like Chola and Pandya, it was a Tamil kingdom; Malayalam, the modern language of Kerala, did not diverge from Tamil until about the tenth century (Sastri, 1955: 400). It is clear from the Tamil literature of the Sangam period that the basic features of Kerala's division of labor, caste system and village organization, must have developed during or before the Chera period (*ibid.*: 110–140). The three South Indian kingdoms temporarily disintegrated in the late third century, probably as a result of a sharp decline in Roman trade.

There is no mention of any matrilineal caste like the Nayars in the Chera kingdom. When and whence they came is uncertain. The most plausible suggestion is that during the Chera period they were a matrilineal hill tribe occupying the Ghats under chiefs who owed a tenuous allegiance to the Chera kings. They may have descended to the Kerala plains as invading barbarians about the fourth century, when the Chera kingdom collapsed (Ayyar, 1938: 43). Little is known of Kerala between the Chera period and the thirteenth century. All or a part of it passed under the rule of a succession of viceroys (Perumals) from various South Indian kingdoms to the east of the Ghats. The date of the last Perumal is quite uncertain. Many writers concur in placing him in the early ninth century, but he may possibly have lived as late as the thirteenth. Nayar chiefs and Nayar soldiers are first mentioned in three copperplate inscriptions, tentatively dated late seventh, mid-eighth, and early ninth centuries. The inscriptions record grants of land and judicial privileges on the coast to settlements of Jewish and Syrian Christian traders (Logan, 1887, I: 265). The grants were made by rulers of Kerala, presumably Perumals, and were witnessed by Nayar chiefs of Venad, Ernad, Walluvanad, and Palghat. All these districts were famous Nayar chiefdoms in the later periods and persisted until the eighteenth century. The plates suggest that Nayar chiefs with private armies had emerged as vassals of the Perumals at least by the ninth century. By the mid-thirteenth century, at the latest, the greater Nayar chiefs had become independent small kings, and the Perumals had disappeared.

Chinese had resumed trade with Kerala sometime in the Perumal period, and in the thirteenth century this trade greatly expanded under the empire of Kubla Khan. Concomitantly, two coastal Nayar chiefdoms with strategic ports expanded into small kingdoms by conquering the surrounding inland chiefdoms and monopolizing their trade. In the north was the Kolattiri kingdom centered about Mount Eli, and in the south the kingdom of Travancore or Venad, centered

2:Gough E-4, 5 (1947-1949)1961 A W11 Kerala A W11
Central Kerala Nayar

564 tioned were called "high," "good," or "clean" castes. They lived in
[361] a separate portion of the village around the temples and the landlord's establishment, with each house in its own fenced garden. Except for the servant Nayars all might enter either Brahman or Nayar temples. Within this group, lower castes were forbidden to touch higher castes because of rules of ritual pollution, but individuals of different castes might approach each other within a few feet. Equal interdining took place only between caste fellows, but members of lower castes might *receive* food from higher-caste hosts. In ritual terms these castes thus formed the upper ranks of society, although only the Nayar retainers and those above them were economically and socially aristocrats. Nambudiris and two small castes of their temple servants were patrilineal; all the rest were matrilineal.

● 101 I have designated as "Nayars" all the castes which bear this title
121 today. They are not a unitary group but a named category of castes.
564 Traditionally, the title Nayar seems not to have been extended to all these castes. Before 1498 the military Nayars or retainer Nayars were called Lokar (Ayyar, 1938: 32). What the other matrilineal castes were called is not known. "Nayar" was not then a caste name
[703] but a title conferred by the king on lineages whose members had won special military honor. The Portuguese called all the soldiers "Nayars" and during the period of European trade it seems to have come into use as a title held by all the military castes. Some Nayars say that the temple menial castes and the matrilineal castes of washermen and barbers usurped the title only during British rule, in order to raise their status. The higher temple-servant castes, although matrilineal, never adopted the title because they ranked above the military Nayars and had honorable titles of their own. This paper primarily concerns the Nayar military retainers, their village headmen, chiefs, and royalty.

THE HIGHER POLLUTING CASTES

564 The high castes were the religious and secular aristocrats and their
162 personal servants. In many respects the polluting castes lived a sepa-
621 rate social life, being located in a different part of the village. They included, in order of rank, Tiyyars (called Iravas in Cochin), who were palm-wine makers and tenant farmers, with twenty to forty households per village; Kanisans or astrologers, with one to three households per village; the artisan castes of blacksmiths, goldsmiths, carpenters, bell-metal workers, and stonemasons (who ranked equally), each with one to three houses per village; low-caste washermen and barbers (who ranked equally), each with one to five houses per vil-

4:Gough E-5 (1947-1949, 1952)1958 AWll Kerala AWll
Nayar

[P 446]

CULTS OF THE DEAD AMONG THE NĀYARS

By E. Kathleen Gough

IN this paper I shall attempt both a sociological and a psychological analysis of Nāyar cults of the dead. That is to say, I shall try to relate the role-structure and social functions of the cults to those of legal and economic institutions, and to relate the emotional content of the cults to that of certain relationships among the living.

The Nāyars[1] are a high, matrilineal caste of landholders and salaried workers. Some four to seven matrilineal lineages of commoner Nāyars traditionally occupied the high caste area of a village. They served a Nāyar or Nambūdiri Brahman village headman, and had authority over tenants, artisans, and serfs of lower caste. The lineage was exogamous, had a depth of about ten to fifteen generations and was concerned in village government. But the more significant economic unit was a lineage segment (*taravād*), whose members jointly owned property including an ancestral house. The eldest man of this group was its legal guardian (*kāranavan*).

Before British rule began in 1792, the Malabar Coast comprised a number of kingdoms. I am concerned with Nāyars of villages in the former Cochin kingdom, in the center of the coast, and with those of villages in the former Kottayam kingdom in the north.

In Cochin, the country was relatively flat, fertile, and densely populated. The Nāyars were the professional military caste. For a part of each year they tended to be absent from the village in military training or war. Women remained on their ancestral estates under the legal guardianship of the *kāranavan* and were maintained by the work of tenants and serfs. Probably largely as a result of the relatively mobile military occupation of the men, plural marital unions were customary. A woman might have six or eight husbands of her own or a higher subcaste, and a man, any number of Nāyar wives of his own or a lower subcaste. Residence was duolocal: spouses lived separately in their natal homes and a husband visited his wife in her home at night. Exact physiological paternity was, clearly, often unknown, and in any case a man had no rights in nor obligations to his children. Among Nāyars of this area, therefore, contrary to Murdock's generalization,[2] the elementary family was not institutionalized as a legal, economic or residential unit.

In Kottayam, the terrain was mountainous and jungly, the area more sparsely populated, and the kingdom less centralized. The Nāyars were cultivating landowners and only occasional warriors. The hilly and jungly terrain and the sparsity of population made duolocal residence impracticable. In most cases a man took his wife to live in his ancestral household in avunculocal residence, and children were brought up until adolescence in the houses of their fathers. There was some polygyny, but polyandry was forbidden. Fathers had morally though not legally recognized rights in and

F.Fawcett G-5 (ca. 1900)1915
AWII Kerala AWII
Nayar

PREFATORY NOTE.

For the benefit of those who have not seen the first article of this series of notes on some of the people of Malabar, I wish to repeat that it is an "attempt to describe the people as they actually are, and not as they are supposed to be in the books on Hinduism, which, for the most part, tell us of *Hinduism as it is not* in Southern India. Books have not been consulted or used anywhere, except where the fact has been notified." It is a product of original work during three years and a half spent in Malabar. My thanks are offered to the many gentlemen, natives of Malabar, who have in the kindest manner helped me—Mr. M. Krishnan (Malayalam Translator to Government), Messrs. O. Vasava Menon, C. P. Raman Menon, U. Balakrishnan Nâyar, M. Raman Menon, T. K. Gopal Panniker, T. Kannan, Achutan Nâyar, and many others. Also I have to thank Mr. Badcock of Tellicherry for assistance. The proofs have been through the hands of several Nâyars, and every precaution has been taken to ensure accuracy of facts.

[1901.] F. FAWCETT.

6:Fawcett G-5 (ca. 1900)1915
AWll Kerala AWll
Nayar

devolves through the men, the degrees between which marriage is prohibitive are inherited through the women.*

But the circumstance that inheritance through women was once, perhaps, the rule in Southern India cannot be accepted as of itself proof that the Nâyars are identical with the Dravidians, as the people of Southern India are commonly called. It is not yet time to say whether they are or are not. To the ordinary visitor their outward appearance, customs, habitations, mode of life generally, are very different from what he sees in the Telugu or Tamil countries; for Malabar, "the west coast," is as unlike the rest of the Presidency as Burma. The only other district of the Madras Presidency which resembles Malabar, is Ganjám, more particularly the northern part of it, where the people are almost entirely Aryan. The resemblance between these, the Uriyas of Gumsoor and thereabouts, a fine fighting stock, and the Nâyars of Malabar is very striking. It is not, perhaps, a mere coincidence that in these two furthest remote corners of the Presidency alone, the people at large are to be seen wearing umbrella hats to protect them from the sun.

The Nâyars are divided into clans, (we will call them clans for want of a better term), many of which intermingle through marriage, but some of them are endogamous. The precise number of these clans cannot be given, as it is disputed whether certain of them have a right to belong to the cognate Nâyar body. The names of the clans which have come directly under my measuring instruments are these:—

Kiriyattil.	Kitâvu.
Sûdra.	Pallichan.
Kurup.	Muppathinâyiran.
Nambiyâr.	Vlyâpâri or Râvâri.
Úrâli.	Attikkurissi.
Nalliôden.	Mânavallan.
Viyyûr.	Vengôlan.
Akattu Châma.	Adungâdi.
Purattu Châma.	Adiôdi.
Vattakkâd.	Âmayengolam.
Vangilôth.	

This list is not in order of priority.

* An example of this custom existing in another land may be quoted here from a modern book—'The Caroline Islands,' by F. W. Christian, 1899: "Descent is traced through the mother—a custom tolerably common amongst the Oceanic races in general. Members of the same tipu or clan cannot marry." (Page 74.)

7:Gough E-5 (1947-1949) 1955 AWII Kerala AWII
Nayar

[P.45]

Female Initiation Rites on the Malabar Coast

*Curl Bequest Prize Essay, 1953**

E. KATHLEEN GOUGH

INTRODUCTION

UNTIL TWENTY YEARS AGO, the *tāliketthukalyāṇam* (*tāli*-tying marriage) was performed by almost all the castes of Malabar below Brahmans and above the lowest 'exterior' castes.[1] I confine this discussion to four groups with different kinship systems: the matrilineal, uxorilocal Nayars of South Malabar District and Cochin; the matrilineal, virilocal Nayars of North Malabar District; the matrilineal, virilocal Tiyyars of North Malabar District; and the double unilineal, patrilocal Tiyyars of South Malabar and Cochin.[2]

This girls' initiation ceremony was apparently first described in 1510 by Duarte Barbosa, a Portuguese traveller. Since that date, there have been descriptions of the ceremony by other Portuguese, Dutch, and East India Company writers, and in the past sixty years much controversy between Indian and British anthropologists about its origin and meaning. Yet no one, as far as I know, has recognized its significance in terms of the total kinship systems of the castes who performed it.[3] My first task has therefore been to describe the *tāli*-rite in each caste and to discuss its social function in the kinship system; I do so in Parts I to IV of the essay. In these, I have used the reports of previous writers which, since the rite died out about twenty years ago, are in many cases better than those I collected from informants. At the same time, for a full interpretation of the rite, I found it necessary to incorporate some of my own general field data on Nayar and Tiyyar kinship, collected in 1947-9. My field work was carried out in a South Malabar village (Walluvanād subdivision) for six months, in a Cochin village for eight months, and in a North Malabar village (Kottayam subdivision) for eight months.[4]

Having analyzed, as far as I was able, the social function of the ceremony, I found that, as perhaps with all rites, many of its features were not explicable in terms of social function and of conscious motivations. While it was possible to show, in a general way, how in each case the ceremony was in harmony with the pattern of kinship relations in these groups, it was not possible to explain sociologically why certain persons should take part in the rites, rather than other persons, why certain material objects should be used, and indeed, why it should be necessary to perform this ceremony at all. It seemed to me that the answer to these problems lay in unconscious motivations common to the members of these castes, and could

*[Two Curl Bequest Prizes were awarded for the year 1953, one to the writer of the present essay and the other to Mr H. N. C. Stevenson, O.B.E., for his essay 'Status Evaluation in the Hindu Caste System', which appeared in the last volume of the JOURNAL. – ED.]

[1] For a brief analysis of modern changes in Nayar kinship see Gough (1952). For a fuller analysis of modern changes in the Tiyyar systems see Aiyappan (1944).

[2] The Tiyyars are called Iravas or Chovans in some parts of South Malabar, Cochin, and Travancore. For convenience, I use 'Tiyyars' throughout.

[3] Dr Aiyappan (1942; 1944, pp. 159-62) has made the most comprehensive study of Malabar *tāli*-rites. He concludes that in most of the castes the *tāli*-rite is 'nothing more than an initiatory rite, preliminary to attaining marriagable status'. While I agree with him, I think that this conclusion begs the question and does not explain the function or motivations of the rite.

[4] My field work was made possible by the grant of a William Wyse Studentship from Trinity College, Cambridge, and of an Anthony Wilkin Studentship from the Faculty of Archaeology and Anthropology, University of Cambridge.

8:Panikkar I-4, 5 (no date) 1918 AWll Kerala AWll Nayar

with high and noble peaks. These shut the Nāyar country entirely out of the rest of India and have helped to a very great extent to preserve the peculiar customs of marriage and relationships of Malabar. The monsoon which these Ghats receive makes Malabar the most picturesque part of India, an ever green country with lofty trees, luxuriant vegetation, noble rivers and magnificent lakes. There is nowhere a place which so much approximates to the description of

> "Larger constellations burning, mellow moons and happy skies,
> Breaths of tropic shade and cluster knots of paradise;
> Droops the heavy blossomed bower, hangs the heavy fruited tree,
> Summer isles of Eden lying in the purple sphere of sea."

The extreme fertility of the valley and the rich tropical luxuriance of the forest have made life extremely easy, which even the importation of machines, mills, and factories has not been able entirely to change. Malabar is to a great extent, therefore, a land of idleness, and I may say of intellectual culture, for nowhere is learning, art, and poetry so much esteemed as among the Nampudiris and Nāyars of Malabar.

There are various reasons to believe that the Nāyars were very early comers in this place.[1] That they were not the aboriginal inhabitants of the place is evident from the fact that all over Malabar, from Mangalore to Cape Camorin, Nāyar families possess agricultural serfs who are distinctly of the negroid type. The Nāyars are a Dravidian race whose culture has only been superficially influenced by the Aryan immigration; of this more later.

The other communities of Malabar among whom the Nāyars live, are the Nampudiris, the Tiyas and the Pulayas. The Nampudiris are Brahmin landlords whose intercourse with and influence on the Nāyars we shall have to consider in detail later. A few families of Kshatriyas form the petty royalty of Malabar. The Tiyas are toddy drawers, people who are free men in theory but still show traces of serfdom in their relation with Nāyars, living as their tenants and doing their work for them. And the Pulayas, who till lately were slaves on whom was built up the agricultural life of the country. There are innumerable minor tribes, but they are small communities differentiated on the basis of their profession, like the Kanyans (astrologers), Asaris (carpenters), etc.

In this order Nāyars come next to the Brahmins and Kshatriyas and have precedence over all other castes. They are considered generally as a Dravidian variety of the Aryan Kshatriyas, which is, however, absolutely spurious in theory and is true only in so far as their *de facto* position is concerned. Any way, they form the feudal aristocracy of Malabar. Burke on a famous occasion classed them with

[1] See note at the end of the essay, on "The Origin of the Word Nāyars," Appendix. Note 1.

8:Panikkar 1-4, 5 (no date) 1918 AWII Kerala AWII Nayar

178 564

gent, persevering, and prosperous community. Fourthly, there are the foreign Brahmins, who are chiefly usurers, making money by lending at a fabulous high rate of interest and buying up property. Now, the *Tharavad* (or the joint undivided family) system gives the Nāyars a great advantage. Their capital is strategically massed, so to say, and while the property of a family is joined together its credit is much more than it would be if it were divided between the various members. Intelligent Nāyars see the advantage of this position, and are loth to break up what is most certainly an effective economic organisation.

178 613 434

The tendencies of change that are visible are mainly the following:

178 591

There is, first of all, a distinct process of change from the *matrilocal* to the *patrilocal* system. This is at present confined to a few of the English-educated families. The officials and those in learned professions have their wives and children staying with them, and this has most certainly set up a new current of opinion. The tendency among these people has been to change the matrilocal matriliny into patrilocal. The older families still look with disapproval on this, and it has not progressed very much, except among a few ultra-moderns. Even in orthodox families the women were allowed for a few months every year to go and stay with their husband's people. Now, by the Nāyar Regulation Act (1912) of Travancore, the husband is given the right to demand that his wife should come and stay with him. Of course, it is open to the *Karnavan* to prohibit this, but in such a case the husband can divorce his wife immediately. Therefore we may safely predict a definite change to a patrilocal system among the English-educated classes of Nāyars.

178 611

But whether this would contribute towards a change from matrilineal to patrilineal system is a question more difficult to answer. On the whole I am inclined to answer it in the negative. But for the economic competition of other communities, the Nāyars would certainly have partitioned their estates and started on a patrilineal existence. But now it is too late. The economic interest involved is so vast, the number of people to be affected by it so great, the change in itself so revolutionary, that it is, for a long time at least, beyond the scope of either legislative or administrative action. It would, indeed, be very interesting to watch the line of evolution which such a community, placed as it is between the close and powerful oligarchy of the Nampudiri Brahmins, and the no less powerful and at present unquestionably more aggressive Syrian Christians, would take. The next quarter of a century will probably solve the problem. What the solution will be it is impossible for us to say; that it will not for a long long time, at least, be real patriliny, I can prophesy; the rest time alone can answer.

APPENDIX.

Note No. 1.—*The Origin of the word "Nāyars."*

101

There are many reasons to believe that the term Nāyar is a corrupted form of the word *Nagar* or "serpent-men." The generally accepted derivation of the word

8:Panikkar I-4, 5 (no date) 1918 AWll Kerala AWll Nayar

101 is from the Sanskrit work *Nayaka*, meaning leader. As such a derivation flatters the national vanity of the community it has been accepted without question. The utter absurdity of the idea that the people who call themselves Aryans (as the Brahmins of Malabar still do) and look down upon the rest from a point of view of racial superiority, can have given them this proud title, never seems to have suggested itself. Moreover, the Aryan settlers of Malabar asserted a spiritual as well as temporal superiority over the Nāyars, which goes far to disprove the theory of the derivation of the word from *Nayaka*, or Lord.

101 614 174 825 771 It seems unquestionable, on the other hand, that the word *Nāyar* is the same as *Nagar*. As the totem names seem to have been imposed on the community from outside it seems reasonable to suppose that this serpent-worshipping people were called by their neighbours *Nagar* or serpent-men. That the Nāyars in ancient days were a totemic clan, is easy to see from the fact that every Nāyar family still holds the serpent sacred. Thus it will not cut down a *Kaṛu*, or serpent grove, as it is the place where the family serpents reside. It is, of course, natural that in a [161] community of 3½ million souls the same solidarity of totemic feeling, as it exists, say, among the turtle clan, cannot have existed.

M. S. Reinach, in defining totemism as distinct from fetishism, says that the totem is a class of objects regarded by a tribe or clan as tutelary or protective in the widest sense of the word. Take the case of a clan with a serpent totem; the members will call themselves serpents, claim descent from a serpent, abstain from killing serpents, etc. Not only do the Nāyars still show traces of having done all this, but they continue to perform with undiminished zeal *Nagathān* (*thān* is an honorific suffix) *pattu*, or prayers and songs, to the sacred serpents. When anything goes wrong the astrologer generally finds something done to offend the sacred ser- [784] pents. There is one singular case where a man, without heeding the warnings of all his people, went and cleared a serpent grove, and the result was that he died six days later. In popular opinion, this was without doubt due to the wrath of the serpents.

101 174 From all this it seems quite clear that before the Aryan invasion the Nāyars were a community with a *Naga* or serpent totem. This is supported by evidence from Ceylon also. Ceylon chronicles mention that when the Buddha visited the island for the second time (second century B.C.) he found the northern part peopled by Nagas who were fighting with the Yakshas, or the original inhabitants of the land.[1] This is without doubt an emigration of S. Indian people to Ceylon, probably as a result of Aryan pressure from the North. The descendants of these Nagas of Ceylon, it must be noticed, bear a close similarity to the Nāyars in matters of social life. Among their customs may be specially noticed: (*a*) the elasticity or rather the slenderness of the marriage tie which permits the discarding, without any disgrace attached to it, of undesirable husbands or wives; (*b*) the remarriage of such widows

[1] See Parker, *Ancient Ceylon*. London, 1909, p. 16.

8:Panikkar I-4, 5 (no date) 1918 AWll Kerala AWll Nayar

and wives with others as a universal national custom; (*c*) the absence of "*Sati*."[1]

In view of the fact that the Veddas are a strictly monogamous people, the prevalence of this custom in Ceylon can only be attributed to South Indian influence. Existing as it does in almost physical contiguity, it is indubitable that these customs and the Nāyar customs had the same origin. In fact, a Naga community was spread over the whole of South India, and the pressure of Aryan emigration seems gradually to have driven them behind the western Ghats in the case of the Nāyars and beyond the straits in the case of their kindred in Ceylon.

The Laws of Philology also support this view. I am assured by Don de Z. Wickerma Singhe that the change from "ɢ" to "ʏ" (as from Naɢar to Nayar) is very commonly met with in Dravidian and Prakistic languages. Apart from the general consonance of this change to the philological rules, Mr. Wickerma Singhe also pointed out to me that in Sinhalese[2] the Sanskrit word *Nāga* is written and pronounced as *Naya*.

The word *Nāyar*, therefore, is, without a shadow of doubt, the same as the word *Nāgar*, which means serpent-men.

Note 2.—The Nāyars and the Todas.

Dr. Rivers, in his learned and elaborate study of the social conditions of the Todas, makes some interesting comparisons with regard to their customs and some of the survivals in Nāyar social life. Before venturing to criticise some of his deductions I may be allowed to state that his idea of the emigration of the Todas to their present country from Malabar is probably right, though the evidence that he has adduced does not in any way prove it. The following facts which he has not noticed may give some additional weight to this hypothesis. Among the Nāyars the dairy (*Pal-pura*) is considered a thing to be kept *ceremonially pure*. No unclean person may approach it, and even the pollution of a child-birth is considered to be sufficiently strong to preclude those whom it affects from touching things belonging to the *Pal-pura*. It would be an exaggeration to say that the *Pal-pura* is considered sacred, but it is certainly *purer* than any other part of the house. Also the way in which the Todas convert milk into butter-milk is exactly the same as among the Nāyars. These customs with regard to the dairy are prevalent, not only where there is geographical contiguity between the Nāyar-land and the Toda-land, but also in Middle Travancore, which is at least two hundred and fifty miles from the land of the Todas.

Some, however, of the arguments brought forward by Dr. Rivers would not bear critical investigation. For example, he says[3]: "More important is the custom of

[1] *Ibid.*
[2] Cf. Wm. Greiger, *Sinhalese Etymology.*
[3] Pp. 699–70.

9:Iyer E-4, 5 (ca. 1902-1906) 1912
AWll Kerala AWll
Nayar

[P. 1]

CHAPTER I.

—:o:—

THE SUDRAS OF COCHIN.

—:o:—

A. THE HIGH CASTE SUDRAS (NAYARS).

Introduction.

THE NAYARS are an interesting caste of people, forming a considerable portion of the population of the Cochin State; they constitute the third and last of the honoured castes under the name of the pure "*Sudras of Malayala*". They were mostly nobles who engaged neither in handicraft, nor in commerce, nor in any other occupation but that of arms, which they always carried; and no one could be called a Nayar who was not of noble lineage. They were in fact the magnates of the rulers of Kerala, and exercised as much authority over their inferiors as their rulers did over them. They formed in ancient times a warlike race with military leaders and civil administrators of all kinds. Very much influenced as they are by modern civilisation, their customs widely differ from those of other people, in marriage, family and social organizations, as also in maternal filiation. These customs, which are primitive, are being tenaciously retained by them; and they are even now, as they have always been, a unique people whose customs may appear peculiarly strange to foreigners.

The word *Nayar*, which is the honourific plural of *Nayan*, is derived from *Nayaka*, which means a leader of the people; and the name, which in the widest sense at present includes a large number of sub-castes quite distinct from one another, may have been given by a class of Brahmans called the Nambuthiris [1] to the Nayars proper, who formed a military class in ancient times. Some consider it to be more correct to derive *Nayars* from *Nagas* (snakes or snake-worshipping Nagas or Scythians) from the worship of the Nagas or snakes which has been the characteristic cult of the community.

1. See account of the Nambuthiris.

9:Iyer E-4, 5 (ca. 1902-1906)1912
AWll Kerala AWll
Nayar

101
564
[173] Origin and tradition of the caste.

According to *Kerala Mahatmyam*, the Nayars are said to be the descendants of the union of the junior members of the Nambuthiri families with the Devagandarva and Rakshasa women brought in by Parasurama from extra-terrestrial regions. The *Keralotpatti* regards them as the descendants of the Sudras who accompanied the Brahman immigrants from outside Kerala.

101
564
174

Some consider that the Nayars came from Tibet where polyandry prevails, while others consider them to be a very early division of the Newars of Nepal. The mere existence of polyandry in Tibet is not sufficient to suggest a racial identity, nor is the form of polyandry prevailing amongst the Nayars the same as that found amongst the Tibetans;[1] but the marital relations, mode of inheritance and other customs, as well as the style of architecture of Nepal, closely connect them with the Nayars, and go to show a common origin.[2]

101
174

In the serpent worship of the Nayars, and also their matriarchal customs, others have found traces of a Scythian origin. It is said that the Dravidian languages retain a more intimate connection with the Scythian or Turanean tongues. Philology also comes in to support this view. It is said that Tamil and its cognate tongues were founded upon the ancient Asura or Dravidian speech, and this is strongly confirmed by the fact that the language of the Brahuis, a tribe on the borders of Sind, has been found to be closely allied to them. "The Brahuis' language", says Dr. Caldwell, "enables us to trace the Dravidian race to the southern confines of Central Asia, and that this country was the home of the Nagas to which race apparently belonged the founders of the Dravidian kingdoms." It may therefore be safely concluded that the Dravidians of South India were of the same stock as the Nagas of the North, and to these tribes of Naga colonists belonged the original serpent worshipping Nayars.[3] "The name Dravidian Races," says Friedrich Ratzel, "fits only the Tamils, Telugus, and Canarese of Southern India, remoter kindred of the dark aboriginal population to whom Aryan population brought the religion of Brahma, a high civil order and of course the opportunity of extensive intermixture. The selection of the term is connected

1. The Evolution of Marriage, Letourneau, page 80.
2. The Sun and the Serpent, C. F. Oldham, page 138.
3. The Sun and the Serpent, Chapter VII, pages 160-165.

9:Iyer E-4, 5 (ca. 1902-1906) 1912
AWll Kerala AWll
Nayar

with its use in the sacred writings of the old Indians, where it is applied to the old Kshatriyas on the east coast of the Deccan who had fallen to the rank of Sudras. As a rule, however, all are called Dravidians who are not Aryan or Semitic and speak agglutinative languages like Tamil. They are distinguished by their dark colour, Mongolian features, and smooth hair. "The nucleus of the Tamil race was indeed," says Grant, "devoted to the nomad life, the fundamental institution of Turanean existence, but the hypothesis of their close connection with the population of Tibet has not attained the rank of scientific certainty." [1]

The passage, quoted above, supports the general consensus of opinion, that the Malayalam language is an offshoot of Tamil, and that the Nayars are the immigrants from the Tamil country.

It has always been a matter of controversy whether Malayalam is the mother, sister, or daughter of Tamil. The popular opinion seems to be, that it is the archaic form of Tamil before it became a written language, and this corresponds with the information derived from the Greek writers that the country was known by the name of Limurike, Tamilike or Tamil country. [2]

Relying mainly on literary evidence, Mr. Kanakasabha Pillay has attributed a Mongolian origin to the whole Dravidian race of Tamils, among whom he includes the Nayars, but anthropometric results point otherwise. [3]

As has been seen, many distinguished authorities are unanimously agreed that the Nayars belong to the Dravidian race with no doubt a considerable admixture of Aryan blood, but the date of their arrival in Malabar cannot be accurately determined.

It is assumed by some writers that the Aryans were conquerors who reduced *Asuras* (Dravidians) to slavery. Whatever might have been the fate of the aborigines, the *Asuras* were not subdued by the Aryans, and never became their serfs or dependants, but were converted gradually to Aryan usages by a regular fusion. Bishop Caldwell supports this view and says, that the subjugation of the Dravidians by the Aryans is

1. Races of Mankind, Vol. III, page 350.
2. Malabar Law and Custom, Introduction, page 2.
3. The Tamils, eighteen hundred years ago.

9:Iyer E-4, 5 (ca. 1902-1906)1912
AWll Kerala AWll
Nayar

173
796 objects, such as recovery from illness, success in litigation,
184 birth of children, etc.

[782] When the information of the crossing of the Walayar by the chief of Kongu was communicated to the people of the four *desams* by the Izhuvans, they repaired to the temple in excitement and consternation, when Lo! the temple gates opened of themselves and a beautiful female form dressed in full battle armour, brandishing a shining sword and shedding a resplendent divine light, suddenly emerged out of the image within and marched off direct to meet the advancing army of the Kongan, followed by all the brave men among the people. The battle was fought with the result already mentioned. This battle is enacted on the night of the Kongapada festival as one of its essential functions, accompanied by the beating of numerous Pariah drums, blowing of horns, racing of horses, torch-light processions, besides, of course, the usual mischief-making among the youngsters, but the elders generally control them and stop excesses. In the course of the sham fight, some act as the wounded, some even as the dead and fall down on the field of action. These dead and wounded are immediately taken up and carried by the youngsters to their supposed respective houses in the town accompanied with torch-lights, beating of drums, beating of breasts, and crying and weeping. No outsider is allowed to take part in this sacred function. If an outsider, being possessed with any sudden fit of enthusiasm, attempts to take part in this function, 'woe be to him.' This battle function takes place at about 10 o'clock in the night and lasts for two or three hours. At the end of it, the night procession of the festival begins from the battle-field and moves through the Nayar quarters to the temple, where it reaches just before day-break, when there is a display of fireworks. After day-break, the chief of the place or *Nâduvâzhi* represented by the Chambath house, accompanied by the people, go to the Goddess' temple to offer prayers of love and gratitude to the Bhagavati. The festival is wound up by a performance on the following night called '*Devendra pallu*' in which all the "one hundred Nayars"[1] of Chittur are

796
184

[101]
[174]

1. The Nayar community of Chittur is collectively called by the name of "Chittur Nooru Nayar." It shows that the original village organisation of Chittur consisted of one hundred Nayar houses or families. Although there is a considerable increase in the number of Nayar houses at present, the appellation 'Nooru Nayar' is still used.

12:Peter E-5 (1939, 1949)1963 AWll Kerala AWll

said, by dividing it up between the rajas of Travancore, Cochin, Kolattiri, Kurumbranad, Walluvanad and others. To the Zamorin of Calicut, who was later to become so famous, he left only his sword with the recommendation to "die, kill and annex". The latter potentate and his descendants took the injunction seriously and very quickly in the two following centuries, the 14th and 15th, assumed a leading role on the Kerala stage. They encouraged Arab trade in spices and other commodities, and by their scrupulous honesty and absolute security of commerce, obtained and held it for fully two hundred years.

It was then that the first Europeans arrived on the scene. The Portugese came to beign with, in an attempt to break the Moors' monopoly of Far Eastern products. Coming into conflict with their Mohammedan rivals and with their protégé the Zamorin, they successfully supported the raja of Cochin against these and thus gained a footing on the coast while taking over command of the sea. They were only forced out by the Dutch in the 17th century (although they still hold Goa further north, to this day), and the Dutch in turn were superseded by the British and the French, who settled respectively at Tellicherry and at Mahe, from which fortified places they fought each other for supremacy in the pepper trade for another two centuries.

In the 18th century, the Mohammedan rulers of Mysore descended on Kerala and, after forcibly converting a great number of its inhabitants to Islam, annexed large tracts of it. Tipu Sultan, however, the ally of Napolean, fell foul of the British East India Company, which eventually defeated him at Seringapatnam in 1792. British supremacy in Kerala dates from that year and a system of farming out revenue to the local rajas was instituted. It proved to be a mistaken method of collection, and was the cause of the serious rebellions of Kerala Varma, Raja of the Padinnara Kovilagam of Kottayam, the Pazhassi raja, otherwise known as Pychy raja, in 1797 and from 1800 to 1805. With their termination, the British took over direct administration of Malabar, while leaving Cochin and Travancore to that of their rajas. They were to keep it until 1947 when India was given her independence.

Two years later, the States of Travancore and Cochin were merged to form a United State under the Maharaja of Travancore. In 1953, France finally relinquished her hold on Mahe, and in 1957, the whole coastal region from South Canara to Cape Comorin became the State of *Kerala* which we know today. The name has been variously interpreted as meaning either "land of coconut trees" or "land of the Cheras", an ancient Hindu dynasty of south India.

12:Peter E-5 (1939, 1949)1963 AWll Kerala AWll
T.yas

well as the unmarried women and girls lived in the house. The women who had married out had left and were living with the families of their husbands. What struck me was the considerable number of unmarried boys and girls relatively advanced in age who were still at home. Tiyas, I was told, marry late, usually after puberty, which is exceptional in India.

It will be noticed that polyandry was only practised in the elder generations. Not a single case occurs among the younger people. The reason for this is that the Thiyya Makkathayam Act of 1940 made polyandry illegal in Cochin, and nobody was thus at liberty to marry in this way any longer. Property, which was undivided so far, would be divided, Velu told us, when he and his brothers and his wife had died. This was in accordance with the new legislation, and all the children, girls included, would have a share. The boys, however, would be allotted double portions. Thus for their children by the two marriages, if the girls were not married by then, there would be thirteen shares, of which the boys would get the four first.

Velu assured me that formerly they were polyandrous in his caste so that the property should not be divided up. It kept the brothers together, they did not get involved in the quarrels of their wives, it was not necessary to split up into separate families, and thus was a very good system. Times, however, had changed, he said and now because there was a law forbidding polyandry, there was no longer any reason to keep what they owned undivided. He seemed to think that the old way of doing things had its advantages, especially in the possibility of bringing in another woman, if this were desirable and the brothers agreed to it (as he and his younger brothers had done), without being obliged to separate and start splinter households as had now become necessary. When I questioned him as to how they would keep going now that the economy of an undivided polyandrous household was no longer possible, he replied that it would oblige them to turn coolies, cut laterite, plough for others, carry on petty trade and emigrate to the towns.

On the 2nd of November 1949, I went again to Cochin accompanied by an interpreter. We drove into the Tallapilli taluk of the northern part of that state, and visited a village near Kunnamkulam, called Perumpillav (big jack fruit tree). The people living here called themselves "Ezhuvas", but, in accordance with recent Cochin legislation, they were assimilated to Tiyas or Thiyyas as the local spelling has it. (Article 5, paragraph i of the Thiyya *Makkathayam* Act of 1940 states that "Thiyya included *Ezhuva*, Chova, Billava, Marayan, Thandan and others recognized as such.")

12:Peter E-5 (1939, 1949) 1963 AWll Kerala AWll

Because of the profound cultural changes which have fundamentally modified the social and economic structure of Kerala society, it can be said that polyandry is on the decline in that part of the world. Circumstances no longer favour the marriage of many men to one woman, and the custom is not only being abandoned as useless, but those who, by tradition, should follow it, look upon it with abhorrence and with growing disgust. To those who have practised it so long, as something good and moral, it has become, nowadays, something barbarous, primitive an unworthy of them: times have changed and it simply is not done any longer.

ADDENDUM

Act XVII of 1115, the Cochin Makkathayam Thiyya Act, passed by His Highness the Maharaja of Cochin on the 18th day of Kumbham 1115, corresponding to the 1st day of March 1940.

C.V. Iyyu, former Member of the legislative Assembly of Cochin State, told me on the 27th of October, 1949, that he was on the Commission which in 1937-38 drafted the Cochin *Makkathayam* Thiyya Act of 1940. The majority of the members of the Commission were Tiyas (Thiyyas) and the initiative of the enactment was due to V. K. Krishnan Kutti, M.L.A., *wakil* of Trichur, himself a Tiya. The Act is thus a Tiya legislative reform and not a foreign one. This would explain the fact that it is observed. I hear that the idea is a result of the education and progress of the Tiya community, which now ranks as one of the most accomplished in Kerala.

Some of the main provisions of the Act are given here below. They are those that concern definition of the name Thiyya, of an heir's sex in doubtful cases, acceptable forms of the marriage solemnity, prohibition of polyandry (art. 12), succession both testamentary and intestate:

Chapter I. Five articles.

Art. 5, (i): "Thiyya includes Ezhuva, Chova, Billava, Marayan, Thandan and others recognized as such." It adds: "When owing to any physical defect or deformity, it is not possible to ascertain the sex of any of the heirs of an intestate, such heir shall, for the purpose of this Act, be regarded as female."

Chapter II. Marriage and its Dissolution. Thirteen articles.

Art. 6: "Conjugal union may be openly solemnized in any of the following ways:

a) by the tying of the Mangalya Sutram
b) by the presentation of cloth to the female by the male
c) by exchange of rings
d) by mutual garlanding, and

13:Thurston & Rangachari E-4, 5 (no date) 1909
AW11 Kerala AW11
Nayar

snake-bite, the Nāyādis wear a brass toe-ring. And, when engaged in catching rats in their holes, they wear round the wrist a snake-shaped metal ring, to render them safe against snakes which may be concealed in the hole.

The Nāyādis who live within the jurisdiction of the Kavalapāra Nāyar near Shoranūr wear the kudumi (front lock of hair), as there are no Māppillas (Muhammadans) to molest them. The Kavalapara Nāyar was at one time an important chief, and directed all Nambutiri jenmis (landlords) who held land within his jurisdiction to bind themselves not to let the land to Māppillas. Nāyādis of other parts are not allowed by the Māppillas to wear the kudumi, and, if they do so, they are taken for Parayans and professional sorcerers, and beaten.

Some Nāyādis have become converts to Christianity, others to Muhammadanism, and maintain themselves by begging for alms from Muhammadans. They are called Thoppyitta (cap-wearing) Nāyādis.

The priest of the Nāyādis is called Mūppan. His appointment is hereditary, and he enquires into all matters affecting the community, and can excommunicate a guilty person.*

Average height, 155 cm.; nasal index, 86.

Nāyar.—"The Nāyars," Mr. H. A. Stuart writes,† "are a Dravidian caste, or rather a community, for we find several distinct elements with totally different occupations among the people who call themselves by this title. The original Nāyars were undoubtedly a military body, holding lands and serving as a militia, but the present Nāyar caste includes persons who, by hereditary

* This note is based mainly on articles by Mr. S. Appadoral Aiyar and Mr. L. K. Anantha Krishna Aiyar.

† Madras Census Report, 1891.

101 174 564 [701] [463] occupation, are traders, artisans, oilmongers, palanquin-bearers, and even barbers and washermen. The fact seems to be that successive waves of immigration brought from the Canarese and Tamil countries different castes and different tribes; and these, settling down in the country, adopted the customs and manners, and assumed the caste names of the more respectable of the community that surrounded them. This process of assimilation 101 564 is going on even yet. Chettis of Coimbatore, for example, who settled in Palghāt and Valluvanād within living memory, have developed by this time into [551] Nāyars. In the census schedules we find instances in which the males of a house affix the term Nāyar to their names, while the names of the females end in Chettichi. Gollas entering the country from the north have similarly, in course of time, assumed Nāyar customs and manners, and are now styled Nāyars. Again the rājahs and 643 564 chieftains of the country sometimes raised individuals or classes who had rendered them meritorious service to the rank of Nāyars. These men were thereafter styled Nāyars, but formed a separate sub-division with little or no communion with the rest of the Nāyar class, until at least, after the lapse of generations, when their origin was forgotten. Nāyar may thus at present be considered to be a term almost as wide and general as Sūdra."

173 564 According to the Brāhman tradition, the Nāyar caste is the result of union between the Nambūdris with Dēva, Gandharva and Rakshasa women introduced by Parasurāma; and this tradition embodies the undoubted fact that the caste by its practice of hypergamy has had a very large infusion of Aryan blood. In origin the Nāyars were probably a race of Dravidian immigrants, who were amongst the first invaders of Malabar, and as conquerors assumed the position of the governing and

13: Thurston & Rangachari E-4, 5 (no date)
1909 AW11 Kerala AW11
Nayar

to murder him, which is looked upon as a very innocent action, and for which no complaint is ever made. It is true that the pariahs have one day in the year when all the Nairs they can touch become their slaves, but the Nairs take such precautions to keep out of the way at the time, that an accident of that kind seldom happens." It is further recorded by Buchanan * that "the whole of these Nairs formed the militia of Malayala, directed by the Namburis and governed by the Rajahs. Their chief delight is in arms, but they are more inclined to use them for assassination or surprise, than in the open field. Their submission to their superiors was great, but they exacted deference from those under them with a cruelty and arrogance, rarely practised but among Hindus in their state of independence. A Nair was expected to instantly cut down a Tiar or Mucuai, who presumed to defile him by touching his person; and a similar fate awaited a slave, who did not turn out of the road as a Nair passed."

Nāyar is commonly said to be derived from the Sanskrit Nāyaka, a leader, and to be cognate with Naik, and Nayudu or Naidu. In this connection, Mr. L. Moore writes † that "if a reference is made to the Anglo-Indian Glossary (Hobson-Jobson) by Yule and Burnell, it will be found that the term Naik or Nayakan, and the word Nayar are derived from the same Sanskrit original, and there is a considerable amount of evidence to show that the Nayars of Malabar are closely connected by origin with the Nayakans of Vijayanagar.‡ Xavier, writing in 1542 to 1544, makes frequent references to men whom he calls Badages, who are said to have been

* Journey through Mysore, Canara, and Malabar, 1807.

† Malabar Law and Custom, 3rd ed., 1905.

‡ *Vide* R. Sewell. A Forgotten Empire (Vijayanagar), 1900.

13;Thurston & Rangachari E-4, 5 (no date) 1909
AW11 Kerala AW11
Nayar

collectors of royal taxes, and to have grievously oppressed Xavier's converts among the fishermen of Travancore.* Dr. Caldwell, alluding to Xavier's letters, says † that these Badages were no doubt Vadages or men from the North, and is of opinion that a Jesuit writer of the time who called them Nayars was mistaken, and that they were really Nayakans from Madura. I believe, however, that the Jesuit rightly called them Nayars, for I find that Father Organtino, writing in 1568, speaks of these Badages as people from Narasinga (a kingdom north of Madura, lying close to Bishnaghur).‡ Bishnaghur is, of course, Vijayanagar, and the kingdom of Narasinga was the name frequently given by the Portuguese to Vijayanagar. Almost every page of Mr. Sewell's interesting book on Vijayanagar bears testimony to the close connection between Vijayanagar and the West Coast. Dr. A. C. Burnell tells us that the kings who ruled Vijayanagar during the latter half of the fourteenth century belonged to a low non-Aryan caste, namely, that of Canarese cow-herds.§ They were therefore closely akin to the Nayars, one of the leading Rajas among whom at the present time, although officially described as a Samanta, is in reality of the Eradi, *i.e.*, cow-herd caste.‖ It is remarkable that Colonel (afterwards Sir Thomas) Munro, in the memorandum written by him in 1802 ¶ on the Poligars of the Ceded Districts,

* Father Coleridge's Life and Letters of St. Francis Xavier.

† History of Tinnevelly. ‡ Coleridge's Xavier.

§ Burnell, Translation of the Daya Vibhaga, Introduction. *Vide* also Elements of South Indian Palæography (2nd ed., p. 109), where Dr Burnell says that it is certain that the Vijayanagar kings were men of low caste.

‖ *Vide* Glossary, Report of the Malabar Marriage Commission, p. 2, and Day's Land of the Permauls, p. 44

¶ Fifth Report of the Committee on the affairs of the East India Company, II, 499, 530. Reprint by Higginbotham, Madras.

13:Thurston & Rangachari E-4, 5 (no date) 1909
AW11 Kerala AW11
Nayar

when dealing with the cases of a number of Poligars who were direct descendants of men who had been chiefs under the kings of Vijayanagar, calls them throughout his report Naique or Nair, using the two names as if they were identical. Further investigation as to the connection of the Nayars of Malabar with the kingdom of Vijayanagar would, I believe, lead to interesting results." In the Journal of the Hon. John Lindsay (1783) it is recorded* that "we received information that our arms were still successful on the Malabar coast, and that our army was now advancing into the inland country; whilst the Nayars and Polygars that occupy the jungles and mountains near Seringapatam, thinking this a favourable opportunity to regain their former independence, destroyed the open country, and committed as many acts of barbarity as Hyder's army had done in the Carnatic."

"Some," Mr. N. Subramani Aiyar writes in a note on the Nāyars of Travancore, "believe that Nāyar is derived from Nāga (serpents), as the Aryans so termed the earlier settlers of Malabar on account of the special adoration which they paid to snakes. The Travancore Nāyars are popularly known as Malayāla Sūdras—a term which contrasts them sharply with the Pāndi or foreign Sūdras, of whom a large number immigrated into Travancore in later times. Another name by which Nāyars are sometimes known is Malayāli, but other castes, which have long inhabited the Malayālam country, can lay claim to this designation with equal propriety. The most general title of the Nāyars is Pillai (child), which was once added to the names of the Brāhman dwellers in the south. It must, in all probability, have

* Lives of the Lindsays. By Lord Lindsay, 1849.

13:Thurston & Rangachari E-4, 5 (no date)
1909 AW11 Kerala AW11
Nayar

101 been after the Brāhmans changed their title to Aiyar (father), by which name the non-Brāhman people invariably referred to them, that Sūdras began to be termed Pillai. We find that the Vellālas of the Tamil country and the Nāyars of Travancore called themselves Pillai from very early times. The formal ceremony of paying down a sum of money, and obtaining a distinction direct from the Sovereign was known as tirumukham pitikkuka, or catching the face of the king, and enabled the recipients to add, besides the honorary suffix Pillai, the distinctive prefix Kanakku, or accountant, to their name. So important were the privileges conferred by it that even Sanku Annavi, a Brāhman Dalava, obtained it at the hand of the reigning Mahārāja, and his posterity at Vempannūr have enjoyed the distinction until the present day. The titles Pillai and Kanakku are never used together. The name of an individual would be, for example, either Krishna Pillai or Kanakku Rāman Krishnan, Rāman being the name of the Karanavan or the maternal uncle. A higher title, Chempakaraman, corresponds to the knighthood of mediæval times, and was first instituted by Mahārāja Marthanda Varma in memory, it is said, of his great Prime Minister Rāma Aiyyan Dalawa. The individual, whom it was the king's pleasure to honour, was taken in procession on the back of an elephant through the four main streets of the fort, and received by the Prime Minister, seated by his side, and presented with pān-supāri (betel). Rare as this investiture is in modern times, there are many ancient houses, to which this title of distinction is attached in perpetuity. The title Kanakku is often enjoyed with it, the maternal uncle's name being dropped, *e.g.*, Kanakku Chempakaraman Krishnan. Tambi (younger brother) is another title prevalent in

556
553
424

6:Spate N-4 (no date)1954 AWI India
Kanada AW10
Kerala AW11

with an output of 5–600 m. tiles a year; local sailing coasters supply markets from Karachi to Colombo, and there is some export via Bombay to E Africa, Persia, and Malaya. But competition from Malabar and, much more serious from cement and asbestos roofing is adversely affecting the industry, which appears to be declining.[40] Other industries are of little importance: iron-founding (ancillary to the tile factories), and soap, based on local and imported copra; Mangalore is the main port for the Laccadive islanders. A feature of some interest is the prominence of Portuguese names among the larger concerns, both in coffee-curing and in tile-making.

Kerala

Both physically and culturally Kerala is one of the most distinctive regions of India.[41] Historically it has been somewhat isolated from the rest of the Peninsula, but accessible to maritime influences. Homogeneous in speech, it is probably more caste-divided than any other area, and it is here that 'untouchability' developed the more fantastic extremes of 'unapproachability' and even 'unseeability', while the Nairs who form the bulk of the minor gentry preserve a matrilinear organisation in which both polygamy and polyandry play a part.[42] Perhaps by reaction against caste, the region has the highest percentage of Christians in all India—28·8 in Cochin and 32·3 in Travancore. This element long antedates the vigorous Portuguese missions, which succeeded in bringing into the Roman fold most of the 'Syrian' (i.e. Nestorian) Christians, whose traditions go back to St Thomas the Apostle; there were Christian communities 1500 years ago. The 'White Jews' of Cochin are another ancient fossil kith; their number is only a few hundreds, but their origin is claimed to be from a Solomonic colony and is undoubtedly very ancient. But there is no end to the ethnographical fascinations of Kerala.

The Physical Setting

Tokens of uplift are numerous and decisive, including the existence of coral reefs below the alluvium some miles from the present coast.[43]

[40] U. Hammaba, *ibid.*, 291–99.

[41] Based mainly on a series of papers by G. Kuriyan in *JMGA* and *IGJ*: "The Industrial Crops of Kerala" (XI (1937), 283–90 and XII (1937), 1–8); "Population and its Distribution in K." (XIII (1938), 125–46); "The Geographic Basis of the Legendary Origin of K." (XVI (1941), 340–54); "Some Aspects of the Regional Geography of K." (XVII (1942), 1–41). On Cochin I am indebted for first-hand information to Sir Robert Bristow, CIE, to whom the development of the modern port is largely due.

[42] The best easily accessible account for geographers is in C. D. Forde, *Habitat, Economy and Society* (1934 and later eds.), Ch. XIII. See also G. Slater, *Southern India* (1936), Chs. XVI–XVII.

[43] Legend ascribes the formation of Kerala to the impatience of a local saint ("during the thousandth year after the [biblical] flood") with the unspecified improprieties of his aged mother. He threw an axe from Gokarna (near Goa) over the sea; it flew to Cape Comorin and the sea retreated beneath its flight. This does correspond with the actual area of emergence.

4: Yalman E-4,5 (1954-1956) 1971 AX4 Sinhalese
Kerala AW11

121 611 564 complex, contradictory, and difficult material collected by many authors, and, second, to test the Ceylon model of the association of hypergamy with unilineal descent. It will be recalled that Gough's Kumbapettai village seemed to include the variations in kinship found dispersed over a large area in Ceylon. On the Malabar coast, the situation is, if possible, made even more complicated: in this famous region we find every possible variation of our model, from matrilineal hypergamous systems to endogamous and patrilineal hypergamous systems, all existing pell-mell in the same area. In general, it seems clear that these various features are used as structural indices to distinguish communities from one another. The over-all pattern, by contrast, seems uncluttered: in lower levels of social rank we find, on the whole, endogamous castes which so far as the material goes exhibit the fundamental characteristics of the general structure. In the higher levels of Hindu and Muslim society we find an intense preoccupation with status and social rank, and unilineal descent systems are built out of the general structure. Then, in the limiting cases, each matrilineage behaves as if it were a single unique caste having only hypergamous connections with the outside world.

[554]

In this section, I shall first attempt to establish the existence of the general structure in castes in both North and South Malabar, and I shall then go on to examine the questions of descent and hypergamy. Before we come to specific cases, I should observe that the region exhibits an impressive general cultural uniformity: the language, Malayalam, is very closely related to Tamil; the details of the customs find immediate echoes not only in the material from the rest of South India but among Buddhists in Ceylon as well. Quite apart from structural matters, there is an intuitive appreciation of the fact that we are in a civilization with a distinctive style of its own in which the different customs of discrete groups appear as permutations and combinations of the same set of general ideas.

[197] [171] [184]

101 564 The term Nayar covers a motley collection of categories of people. Primarily, they are aristocratic Nayar descended from the important royal houses of Cochin and Travancore. There are also people of servant castes who have allegedly taken on the Nayar title in the last century and are only Nayar by courtesy. Some of these categories may be fully endogamous and others, at the higher levels, hypergamous. Though there are again uniformities, it is important to specify which group of Nayar are being considered. The word *taravad*, used by various castes in Malabar, denotes a group of matrilineally related persons with the same name who observe rules of exogamy. The *taravad* may be split into smaller property-holding groups, each with a head *Karanavan*.[7]

613

[7] "One who 'acts' ": comp. *Karanava*, "to do" in Sinhalese.